



LEE WHELAN

Hello my name is Lee Whelan I am a trained and certified stop smoking advisor who specialises in working with young people. I have worked in the substance misuse and alcohol field for over 20 years and I have covered almost every aspect of this work, working with both adults and young people. My experience has been varied and includes working in the criminal justice system as well as health and education, designing and delivering drug, alcohol and sexual health programs.

I work with young people who smoke or use nicotine based products all aspects of smoking are worked with including Cannabis, Vaping and Shisha.

At present I can offer telephone interventions to support young people who use tobacco and nicotine based products and who would like to explore their relationship with nicotine and break free from nicotine addiction.

Looking forward I can provide face to face individual and group support to young people. I also offer awareness campaigns around smoking and its related harms within school, college and youth club settings and can develop in-house programmes tailor made for your client group.

Your professional support is requested in order to allow me to liaise with relevant staff and students thus reducing the uptake of smoking within your school and allowing students access to stop smoking support.

I can be contacted on 07983803908 or lee.whelan@catch-22.org.uk